# TAm Free

for ages up to 13

#### Introduction



I am free to be me
From A-Z
Not she nor he
Also not thee

How fantastic can this be

No one to compare myself to - that's the key

Leaving me with such a great glee

That I have my own originality

Mixed a little with my family tree

I am just so very happy

To shout to the world with clarity

I am truly me amongst the we

I hold dear my sincerity

And my need for purity

Blended with my generosity

Oh how I love my personality – don't ye????????

# Exercise One



What do you like best about yourself and why?
What do you like best about your mother and why?
What do you like best about your father and why?
If you have a sibling, what do you like best about him or her and why?

# Exercise Two



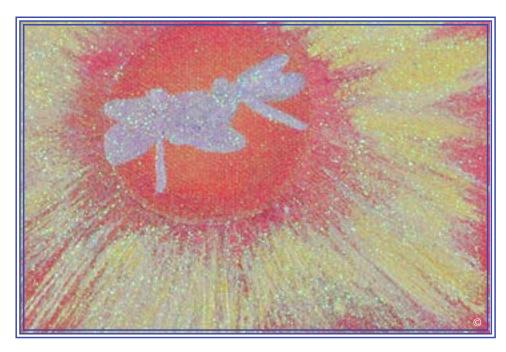
If you were to be a bird, what bird would you like to be and why?
If you were to be an animal, what animal would you like to be and why?
If you were to be a tree, what tree would you like to be and why?
If you were to be a car, what car would you like to be and why?

### Exercise Three



What is your favorite color and why?	
What is your favorite cartoon character and why?	
What is your favorite food and why?	
What is your favorite drink and why?	

# Exercise Four



What is your favorite thing to do and why?
What is your least favorite thing to do and why?
What is your favorite place and why?
What is your least favorite place and why?

# Exercise Five



What is your favorite hobby and why?	
What is your favorite thing to wear and why?	
villat is your favorite thing to wear and why:	
Do you like school? If not why, if yes why?	
What do you want to be when you grow up and why?	

