

How to Peacefully Change the World

Help where you can

Open your heart to those in need

Want to be part of the solution

Take the chance on getting involved

Observe everything and everyone

Participate only in good causes

Enjoy being of service

Anchor in good deeds

Commit to the journey of goodness

Enter into contract with yourself to create change

Find the simplest solution

Understand the real problem

Listen to your heart

Live for purpose

Yield when it is appropriate

Care about how others might feel

Hold the consciousness of better times to come

Alter the injustice, if even a little

Never give up believing you are the change

Give without thought of return

Empathize with others misfortune, pain and sorrow

Think wisely, strategizing intelligently

Harness your strength, boldness and courage

Energize your goodness and goodwill

Will yourself to be part of the bigger picture

Optimize what you have at your disposal to create change

Respect differences

Love whoever you can, whenever you can

Drop all judgements